

# Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

Cullman, Alabama

Every Sunday

6:00 A.M. and 10:00 A.M.

6:00 A.M. Daily

Holy Days:

6:00 A.M.; 8:00 A.M.; 7:00 P.M.

Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 A.M.

Only on first Sunday  
of each month

St Pius V Chapel

Birmingham, Alabama

9:30 A.M.

Every Sunday except  
first Sunday of each month

SECOND SUNDAY AFTER EPIPHANY

Weekly Bulletin #866

January 16, 2005 – Green

Mass of Sunday; Gl; Cr; Pref. Trinity; Comm. St. Marcellus

*(We sincerely regret the large gap in the series entitled "Let Not the Winds Blow out the Light." We here repeat Part XII from Bulletin # 856 for your convenience. The conclusion of this series is on pages 3 and 4 of this Bulletin.)*

## **LET NOT THE WINDS BLOW OUT THE LIGHT**

*(Part XII – repeated)*

### **THE CEREMONY FOR THE BLESSING OF THE HOME CHAPEL**

“My house shall be called a house of prayer, said the Lord. In it everyone who asks shall receive, and he who seeks shall find, and to him who knocks it shall be opened.”  
*(Communion Antiphon from the Mass of the Dedication of a Church)*

And “a house of prayer” we can make of our little Home Chapel, if it be the result of the genuine desire of our hearts and minds and souls, but the foundation of the entire effort must be our Faith. Without Faith it is all foolishness. In these days when all about us is chaos, and all of Mankind – especially the elect Children of God – is bombarded with the feeling of despair of ever understanding the problem, much less of doing something about it – the necessity of prayer becomes ever more essential. This is where we hope our little chapels will be of great assistance.

After the location of the chapel has been determined, and all things have been set up in it, the next thing that must be done is the dedication and blessing of it. This blessing should be performed by the father or the head of the family after the evening meal. Before the ceremony of the blessing, the mother should prepare a beautiful and festive meal with all the family members present to enjoy it. This occasion should be a happy and joyous one.

When the meal is over, with the dishes washed and put away, the family should gather at the entrance to the chapel. The father or the head of the family performs the blessing, saying in a loud and clear voice:

**Antiphon:** Awesome is this place; it is the house of God and the gate of heaven: and it shall be called the court of God.

**Psalm:** How lovely is Your dwelling place, O Lord of Hosts! My soul yearns and faints for the courts of the Lord.  
Glory be to the Father and to the Son and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

**Antiphon:** Awesome is this place; it is the house of God and the gate of heaven: and it shall be called the court of God.

#### **Reading:**

*(Apoc. 21: 2-5)* “In those days, I saw the holy city, the new Jerusalem, coming down out of heaven from God, and made ready as a bride adorned for her husband. And I heard a loud voice from the throne saying, ‘Behold the dwelling of God with men, and he will dwell with them. And they will be his people, and God Himself will be with them as their God. And God will wipe away every tear from their eyes. And death shall be no more; neither shall there be mourning, nor crying, nor pain any more, for the former things have passed away.’ And He Who was sitting on the throne said, ‘Behold, I make all things new!’”

#### **Antiphon:**

This place has been made by God; it is a mystery beyond comprehension, free from all stain. O God, before whom the choirs of Angels stand, hear the prayers of Thy servants. I will worship in Thy holy temple and give glory to Thy Name.

*(Please turn the page for continuation of ceremony and blessing)*

***The Blessing:***

Visit, we beseech Thee, O Lord, to bless this, our place of prayer and worship, and drive far from it all the snares of the enemy; let Thy holy Angels dwell herein to preserve us in peace, and let Thy blessing be forever upon us. Through Jesus Christ thy Son, our Lord, Who with Thee in the unity of the Holy Ghost lives and reigns, God, world without end. *Amen.*

The father or the head of the family then sprinkles the little Chapel with Holy Water. This done, the entire family now enters the Chapel to pray the Glorious Mysteries of the Holy Rosary.

Because of the seriousness and holiness of the occasion, the remainder of that evening should not be dissipated with worldly affairs or distracted by the reading of frivolous, non-religious books, magazines, or newspapers; the listening of music; the looking at television; using the computer; or searching the internet. The atmosphere of quiet prayer (contemplation) should fill the entire household with silence or subdued talking being observed by all until bedtime on that special night.

The above has been outlined for those living in family conditions. The very same suggested ceremony should be observed by those who are simply husband and wife without a family, or single individuals living alone. The sick also, and those living in nursing homes or confined to bed can use the same ceremony. The blessing of the sick person lying in bed is just as powerful as that of the father in the midst of his family circle. No matter the person or the situation or the condition or the place, the ceremony remains the same. The importance and holiness of this entire affair is seen by Him Who sees all and comprehends all things. After all is said and done, anyone who acts with true Catholic religious faith and sincere piety and intention can say without fear of contradiction or ridicule:

“My house shall be called a house of prayer. In it everyone who asks shall receive, and he who seeks shall find, and to him who knocks it shall be opened.”

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1. There will be Catechism class after the 10:00 Mass this morning.
  2. Thursday, January 20, 2005 is the Feast Day of our Father Sebastian. Please remember Father Sebastian in your special prayers on that day.
  3. Next Sunday, January 23, 2005 is Septuagesima Sunday and the beginning of the Septuagesima Season.
  4. **N.B.:** Anyone wishing to have candles blessed on Candlemas Day (February 2, 2005), should bring them in nicely decorated container with PROPER IDENTIFICATION and place them in the vestibule of the Abbey Church **no later than Sunday, January 30, 2005.**
  5. The 2004 year-end statements are being mailed out. If you have not received one by the end of this week and wish to receive one, or if you find any errors or have any questions, please contact Father Sebastian.
  6. Please pray for all the Sick and Shut-ins of our Chapels. **LET US ALSO PRAY FOR EVERYONE. Especially let us pray for everyone suffering from the disastrous earthquake and tsunami in the Indian Ocean.** Let us pray for ALL the priests and religious men and women of the world. **NO MAN, WOMAN, OR CHILD SHOULD BE LEFT OUT OF OUR PRAYER.** God made all men to be with Him in heaven for all eternity, and this includes every human being on earth, regardless of station or condition or place. While Our Blessed Lord was hanging on the Cross He did not look around and pick and choose who He was dying for. He did not exclude a single member of the Human Race – even His enemies – from the wounded Love that came forth from Him during those momentous moments. Weak human nature and erroneous persuasions will prevent some from achieving the purpose intended for them by God, but that matter remains entirely between all such and God. We must make no judgments concerning such matters. If there is any sifting to be done, it is to be done by God, Himself alone. We are NOT the ones to do the sifting.
  7. **MASSES FOR THE WEEK:** (Father Abbot Leonard’s schedule only)
    - SUNDAY: For the People of our Chapels
    - MONDAY: Deceased Ralph Pawinski
    - TUESDAY: For the Poor Souls in Purgatory
    - WEDNESDAY: Welfare Patricia Di Maggio
    - THURSDAY: For Leo and Mari Schappacher and Family
    - FRIDAY: Deceased Salvatore Riccardi
    - SATURDAY: Deceased Margie McDermont



# **LET NOT THE WINDS BLOW OUT THE LIGHT**

**(Part XIII – Conclusion)**

The little chapel in our homes – apartment or room – must be for us a sacred place, a place removed and safe, a place for serious prayer and meditation, a place where we can always find Jesus when we are in need.

Most of us cannot attend daily Mass. Oftentimes we are not able to attend Sunday Mass. At such times our Home Chapel is most advantageous and helpful. *The Mass of St. John*, perhaps unknown to many of us, is a most wonderful expression of adoration and loyalty to our Holy Redeemer and may be used as often as desired. *The Mass of St. John DOES NOT TAKE THE PLACE OF THE MASS ITSELF*, but can be used only as a private devotion. The Readings of the day should be placed at the beginning of this “Mass.”

*The Mass of St. John* consists of the three principal liturgical prayers of the Mass as taken from the Missal: Offertory, Consecration, and Communion. It is so called because these were the three principal elements of the Mass as celebrated by St. John. (It could also be called “The Mass of the Apostles” or “The Mass of Jesus on Holy Thursday.”)

God’s pious laity (adults and children alike), faithful to the Holy Sacrifice of the Mass and to their ever holy Catholic Religion, learn these beautiful prayers and acquire the habit of saying *The Mass of St. John* often, in union with all the Priests, whoever and wherever they may be, who, with pure and true and singular intention and conviction, are offering the true Sacrifice of the Mass.

We must live out our lives in these most troubled and uncertain times without fear or depression. We are in exile, and we are being persecuted by all the Herods and Judases of our day. However, let us learn that whatever form of persecution may assail us in any land or circumstance, Christ’s true and holy Church will witness, as it has witnessed in the past, the passing, one by one, of all tyrants. Our Holy Religion will survive, even if only in a little Home Chapel. All manner and all form of oppression toward and opposition to our true and holy Religion remains in the Hands of God always. He will preserve it until He calls it back once again from the Catacombs. Christ will always have enough loyal and valiant souls to follow Him into the exile of open persecution and living (and dying) in the Catacombs.

May God bless and keep us one and all.

## **THE MASS OF ST. JOHN**

### **THE OFFERTORY**

Receive, O Holy Father, almighty and eternal God, this spotless host, which I, Thy unworthy servant, offer unto Thee, my living and true God, for mine own countless sins, offenses, and negligences, and for all here present, as also for all faithful Christians living and dead, that it may avail both for my own and their salvation unto life eternal. Amen.

We offer unto Thee, O Lord, the chalice of salvation, beseeching Thy clemency, that it may ascend in the sight of Thy divine majesty with a sweet savor, for our own salvation and for that of the whole world. Amen.

### **THE CONSECRATION**

Who the day before He suffered took bread into His holy and venerable hands, and with eyes lifted up to heaven, unto Thee, God, His almighty Father, giving thanks to Thee, He blessed, broke, and gave to His disciples, saying: Take and eat ye all of this,

FOR THIS IS MY BODY

In like manner, after He had supped, taking also this excellent chalice into His holy and venerable hands, and giving Thanks to Thee, He blessed and gave it to His disciples, saying: Take and drink ye all of this,

FOR THIS IS THE CHALICE OF MY BLOOD,  
OF THE NEW AND ETERNAL TESTAMENT,  
THE MYSTERY OF FAITH,  
WHICH SHALL BE SHED FOR YOU AND FOR MANY  
UNTO THE REMISSION OF SINS.

As often as ye do these things, ye shall do them in remembrance of Me.

### **THE COMMUNION**

Lord, I am not worthy that Thou shouldst enter under my roof; say but the word and my soul shall be healed. (*Say 3 times.*)

May the Body of our Lord Jesus Christ preserve my soul unto life everlasting. Amen.

May the Blood of our Lord Jesus Christ preserve my soul unto life everlasting. Amen.

### **SPIRITUAL COMMUNION**

The practice of Spiritual Communion is, and has always been, a very holy and wholesome devotion. It is an act of true love. As often as the thought comes to mind during the day or night, while walking, lying in bed, shopping, driving, or whatever, a Spiritual Communion can be made and should be made.

“Dear Jesus, since I cannot now receive Thee Sacramentally, I therefore beg Thee to come at least spiritually into my heart and soul. Amen.” □

Please turn the page for a few examples of Home Chapels and Altars. As you can see, the possibilities are endless, and there is no one who should not be able to come up with even the simplest little “Holy Place.” “Where there is a will (and a little imagination), there is a way!”

